



Vivamos

For lives
with a future

Creating new perspectives – thanks to your support

For over 40 years, Vivamos has supported disadvantaged communities in creating new opportunities and shaping a future free from poverty. We support young children on their path to school readiness, guide young adults as they step into working life, and partner with smallholder families to manage water, forests, and soil in a sustainable way.

Why our work matters

After years of economic growth and social progress, **hunger** is once again on the rise. Latin America and East Africa are suffering the consequences of **climate change**:

droughts, crop failures and the overuse of natural resources are threatening people's livelihoods and water security. In parts of our project areas in Central America, more than 50% of children under the age of 5 are already undernourished. High **social inequality**, violence and a lack of educational and job opportunities are making things worse.

Vivamos is addressing these pressing issues: we provide high-quality early childhood education and vocational training for socially disadvantaged children and young people, giving them **a fair chance to succeed at school and to earn a living**.

We support rural communities in **managing their natural resources sustainably** – helping them to adapt their agricultural practices to climate change, protect their habitats and ecosystems and sustainably improve their resilience and food security.

Our working principles

We mobilise the self-help capacities of the most **socially disadvantaged population groups** and support them in exercising their civil rights and duties. To strengthen expertise in the countries, we promote the training of local professionals and work with applied research institutions.

We work with clear, measurable goals and a sound monitoring and evaluation system. We regularly evaluate the impact of our programmes in collaboration with universities. **Vivamos is the only two-time winner of the SDC/ETH-NADEL Impact Award.**

Our **impact measurement** shows that children who have received improved early childhood education achieve significantly better school results even four years after the intervention and are less likely to repeat classes. We can also demonstrate that psychosocial support during vocational training leads to higher graduation rates. With such **evidence-based results**, we show decision-makers that investing in equal opportunities is not only effective – but also cost-efficient.

Where we work

We are active in Guatemala, Honduras, Colombia and Kenya.

Our mission

As an organisation locally rooted through long-standing partnerships with civil society organisations, we empower socially disadvantaged communities to actively exercise their rights and responsibilities as members of society and promote the sustainable development of their environment.

Our vision

We are committed to ensuring that socially marginalised communities in Latin America and East Africa have fair opportunities for social participation, education and income – enabling them to overcome poverty through their own efforts.

Vivamos

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**Your donation
in good hands.**



Fair opportunities for a successful school journey

Reliable relationships, stimulation, healthy nutrition and medical care in early childhood are crucial for children's ability to succeed in school. Yet many children from disadvantaged families cannot count on these foundations. To ensure fair access to education and a decent income later in life, they are particularly dependent on high-quality early childhood education.

What we do

- We improve the quality of nurseries and kindergartens to create child-friendly and stimulating learning environments.
- Caregivers are carefully trained by experienced educators and supported in their day-to-day work.
- Children receive regular meals and basic medical care, including growth monitoring, vaccinations and deworming.
- Social workers help families obtain identity documents so they can enrol their children in health programmes and public schools.
- We raise parents' awareness of undernutrition and malnutrition, health and positive parenting.

Programme results 2025

Our goal: Socially disadvantaged children successfully transition into public school and complete primary education.

15,200 **1,190,000**
direct beneficiaries indirect beneficiaries



Fair opportunities for work and income

Many young adults in Colombia are forced to flee to cities due to violent conflicts. Displaced and traumatised, they often struggle to get a foothold in their new environment. Around 90% of internally displaced people in urban areas have to make do with poorly paid casual jobs. A vocational training that could offer them fair opportunities for a decent income is out of their reach.

What we do

- We enable marginalised young people to complete vocational training in fields with good job prospects and strengthen their social and life skills.
- In job application courses, the young people learn how to present themselves and how to use online job portals.
- A job placement service helps them find their first employment.
- Specialists provide the young adults with psychosocial support to help them overcome difficult experiences and to make realistic plans for the future.
- Parents and/or caregivers are actively involved and sensitised through regular events.

Programme results 2025

Empowered and trained young adults earn a sustainable livelihood under decent working conditions and shape their own future.

2,970 **866,000**
direct beneficiaries indirect beneficiaries



Securing livelihoods through sustainable agriculture

Smallholder families produce more than 80% of the food consumed worldwide – yet many of them go hungry themselves. Climate change is an additional threat to their already meagre harvests. In Latin America and East Africa, they often lack access to knowledge, rely on outdated farming methods and overuse their soils and water resources. As a result, they clear more and more forests for additional farmland, putting water security at risk.

What we do

- We train smallholder families in agro-ecological farming. With the support of agricultural advisors, they learn how to produce more and better-quality food by using natural cycles, combining crops, and protecting soil and water reserves.
- We support smallholder farmers in forming farmers' organisations so they can market their produce collectively and achieve better prices.
- We support local authorities in implementing water and forest conservation measures to protect water security and biodiversity.

Programme results 2025

Smallholder farmers secure their livelihoods and food supply by using their natural resources sustainably and strengthening their resilience to the impacts of climate change.

98,200 **662,000**
direct beneficiaries indirect beneficiaries